## TABLE OF CONTENTS

| 1. | VOCAL TOP TEN FOR SINGING IN ANY STYLE  | 2  |
|----|---|--|
| 2. | PRACTICE MAKES PERMANENT: Stretch ⇒ Stand ⇒ Breathe ⇒ Sing  Stretch  Stand/Posture  Breathe  Sing  i. Warm-ups: Core/Resonance and Vowels  ii. Warm-ups: Agility  iii. Warm-ups: More Agility, Tongue Tamers, Diction Details  iv. Warm-ups: Contemporary  Manuscript Paper for Notes of All Sorts  | 4<br>5<br>7  |
| 3. | BRINGING SONGS AND CHARACTERS TO LIFE  Learning a Song, Part 1: Notes and Rhythm  Learning a Song, Part 2: Words and Memorization  Repertoire Sheet: Keeping Track of Your Songs  Bringing a Character to Life: On Stage = In Character   |  |
| 4. | LANGUAGES & DICTION: Sing on Vowels; Punctuate with Consonants  | 17   |
| 5. | YOU CAN SING, BUT CAN YOU READ? An Intro to Music Reading Anatomy of a Song Music Reading Basics Intro to Musical Signs and Symbols Intro to Musical Directions Review: Musical Signs, Symbols and Directions Musical Building Blocks: Interval Type, Quality & Quantity Scale Degrees and Scales: Major and Natural Minor Keys & Key Signatures: Unlocking the Musical Door. A Rose By Any Other Name: Numbers, Alphabet, Solfege Music Reading Exercises i. Intro to Intervals ii. Sight Reading Exercises: Steps, Skips and Canons iii. You Gotta Have Rhythm: Clap & Tap Starters | 19<br>21<br>23<br>24<br>25<br>27<br>39<br>43<br>47 |
| 6. | YOUR INTERNAL INSTRUMENT & HEALTH Get to Know Your Amazing Inside Instrument! Vocal Health: Good/Bad Things for Your Voice Vocal Health: My Throat is Killing Me!   | 48<br>50<br>52                                     |
| 7. | GET OUT THERE AND SING! Stagecraft: Some Basics for Moving Onstage Studio Class, Master Class, Recital: What's the Difference? Some Local Singing Opportunities   | 53<br>54<br>55                                     |
| 8. | A WORD ABOUT YOUR TEACHER and A WORD OF THANKS  | 57   |

## FROM THE VOICE STUDIO OF CAROL JOY ("CJ") EVANS, M.M. "Learn to sing, and make music for a lifetime"